

IAO SCHOOL

AUGUST / SEPTEMBER 2017 BREAKFAST MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*	7 Professional Collabation Day	8 Maple Pancake on a Stick, Peaches, (Craisins), Choice: Cold Cereal, WG Toast, Peaches, (Craisins)	9 Banana Bread, Grape Juice, (Pineapples) Choice: Cold Cereal, WG Toast, Grape Juice, (Pineapples)	10 Portuguese Sausage, Rice, Grape Juice, (Strawberries) Choice: Cold Cereal, WG Toast, Grape Juice, (Strawberries)	11 Breakfast Chicken Patty, Rice, WG Toast, Grape Juice,(Mixed Fruits) Choice: Cold Cereal, WG Toast, Grape Juice,(Mixed Fruits)	
*	14 Pepperoni Pizza Stick, (Oranges), Orange Juice Choice: Cold Cereal, WG Toast, (Oranges), Orange Juice	15 Frankfurter, Rice, Grape Juice, (Peaches) Choice: Cold Cereal, WG Toast, Grape Juice, (Peaches)	16 Pineapple Smoothie, Cinnamon Toast, (Apples) Choice: Cold Cereal, WG Toast, Peaches, (Apples)	17 Coffee Cake, Turkey Sausage Links, Grape Juice, (Mixed Fruits) Choice: Cold Cereal, WG Toast, Grape Juice, (Mixed Fruits)	18 STATEHOOD DAY	
*	21 Pizza Bagel, Craisins, (Mixed Fruits) Choice: Cold Cereal, WG Toast, Craisins, (Mixed Fruits)	22 Egglette,with WG Toast, Fruit Juice, (Pineapples & Papaya) Choice: Cold Cereal, WG Toast, Orange Juice, (Pineapples & Papaya)	23 Pancakes W/ Syrup, Apple Juice, (Strawberries) Choice: Cold Cereal, WG Toast, Apple Juice, (Strawberries)	24 Portuguese Sausage, Rice, Apple Juice, (Peaches) Choice: Cold Cereal, WG Toast, Apple Juice, (Peaches)	25 Applesauce Muffin, Grape Juice, (Pineapples) Choice: Cold Cereal, WG Toast, Grape Juice, (Pineapples)	
*	28 Pork Sausage Patty, Rice, Craisins, (Peaches) Choice: Cold Cereal, WG Toast, Craisins, (Peaches)	29 Breakfast Burrito, Grape Juice, (Pineapples) Choice: Cold Cereal, WG Toast, Grape Juice, (Pineapples)	30 Belgian Waffle W/ Pancake Syrup, Orange Juice, (Mixed Fruits) Choice: Cold Cereal, WG Toast, Orange Juice (Mixed Fruits)	31 WG French Toast w/ Pancake Syrup, Fruit Juice, (Strawberries) Choice: Cold Cereal, WG Toast, Fruit Juice, (Strawberries)	9/1 Breakfast Quesidilla, Oranges, (Pineapples) Choice : Cold Cereal, WG Toast, Oranges, (Pineapples)	
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* Items in Parenthesis are "Offer"	"This Institution is an equal opportunity provider" All Meals Served With Milk. Menus are Subject to Change.					

Lunch Menu

AUGUST / SEPTEMBER 2017 LUNCH MENU						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
*	7 Professional Collabation Day	8 Chicken Nuggets, Rice, Peaches, (Roasted Veggies and Baby Carrots)	9 Beef Stew, Rice, Pineapples, (House Salad)	10 Hot Dog, Potato Rounds, (House Salad, Shortbread Cookie, Apples)	11 Creole Macaroni, French Bread, Fruity Slushy, (House Salad)	
*	14 Nachos W/ Beef and Cheese, Fruit Juice, (House Salad, Grape Tomato)	15 Golden Chicken Tenders, Rice, Cantaloupe, (Broccoli and Carrots, Pickle Cabbage)	16 Fish Wedge, Rice, Fruity Slushy, (Baked Beans, Rainbow Salad,)	17 Cheeseburger, Potato Wedges, (Rainbow Salad, Honeydew Melon)	18 STATEHOOD DAY	
*	21 Popcorn Chicken, Mashed Potato, Fruited Muffin, (Roasted Vegetables, Apples)	22 Pasta Florentine W/French Bread, Pears, (House Salad, Baby Carrots)	23 Chicken Patty Sandwich, Curly Fries, (Lettuce and Tomato, Cantaloupe)	24 Kalua Pig and Cabbage, Rice, (Lomi Tomatoes, Pineapples)	25 Italian Sausage / Cheese Pizza, Apple Juice, (Baked Beans, House Salad, Baby Carrots)	
*	28 Cheesy Chili Tots and Biscuit, (House Salad, Apples)	29 BBQ Pork Sandwich Fruity Slushy, (Asian Slaw, House Salad)	30 Vegetarian Patty W/ Gravy, Rice, Pineapples, (Roasted Vegetables, Baby Carrots, Hummus)	31 Vegetarian Pizza, Fruit Cocktail, (House Salad)	9/1 Oven Baked Chicken Whipped Potato, WG Roll, (House Salad, Oranges)	
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August 7st – Professional Collaboration Day
August 18th – Statehood Day