

IAO SCHOOL

FEBRUARY 2018 BREAKFAST MENU						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
*				1 Fried Rice and Eggs, Apple Juice, (Fruit Cocktail) Choice : Cold Cereal, WG Toast, Apple Juice, (Fruit Cocktail)	2 TEACHER WORK DAY (No Students)	
*	5 Raisin Cinnamon Bagel Apple Juice (Pineapples) Choice : Cold Cereal, WG Toast, Apple Juice, (Pineapples)	6 Breakfast Smoothie and Cinnamon Toast, Craisins, (Mixed Fruits) Choice : Cold Cereal, WG Toast, Craisins, (Mixed Fruits)	7 Blueberry Yogurt and Cinnamon Toast, Orange Juice (Papaya/ Pineapple) Choice : Cold Cereal, WG Toast, Orange Juice, (Pineapples & Papaya)	8 Breakfast Quesidilla Apple Juice (Strawberries) Choice : Cold Cereal, WG Toast, Apple Juice, (Strawberries)	9 Ham and Biscuit Grape Juice (Peaches) Choice : Cold Cereal, WG Toast, Grape Juice, (Peaches)	
*	12 Pork Sausage Patty, Rice, Craisins, (Peaches) Choice : Cold Cereal, WG Toast, Craisins, (Peaches)	13 Belgian Waffle W/ Pancake Syrup, Orange Juice, (Mixed Fruits) Choice : Cold Cereal, WG Toast, Orange Juice (Mixed Fruits)	14 WG French Toast w/ Pancake Syrup, Apple Juice, (Strawberries) Choice : Cold Cereal, WG Toast, Fruit Juice, (Strawberries)	15 TEACHER'S INSTITUTE DAY	16 Breakfast Quesidilla, Oranges, (Pineapples) Choice : Cold Cereal, WG Toast, Oranges, (Pineapples)	
*	19 PRESIDENT'S DAY	20 Pepperoni Pizza Stick, (Oranges), Apple Juice Choice : Cold Cereal, WG Toast, (Oranges), Apple Juice	21 Frankfurter, Rice, Grape Juice, (Peaches) Choice : Cold Cereal, WG Toast, Grape Juice, (Peaches)	22 Papaya Muffin, Sausage Links, Apple Juice, (Mixed Fruits) Choice : Cold Cereal, WG Toast, Apple Juice, (Mixed Fruits)	23 Ham and Cheese Breakfast Sandwich Craisins, (Pineapples) Choice : Cold Cereal, WG Toast, Craisins, (Pineapples)	
*	26 Pizza Bagel, Craisins, (Mixed Fruits) Choice : Cold Cereal, WG Toast, Craisins, (Mixed Fruits)	27 Portuguese Sausage, Rice, Apple Juice, (Peaches) Choice : Cold Cereal, WG Toast, Apple Juice, (Peaches)	28 Pancakes W/ Syrup, Apple Juice, (Strawberries) Choice : Cold Cereal, WG Toast, Apple Juice, (Strawberries)	3/1 Egglette, with WG Toast, Fruit Juice, (Pineapples & Papaya) Choice : Cold Cereal, WG Toast, Orange Juice, (Pineapples & Papaya)	3/2 Applesauce Muffin, Grape Juice, (Pineapples) Choice : Cold Cereal, WG Toast, Grape Juice, (Pineapples)	
* Items in Parenthesis are "Offer"	"This Institution is an equal opportunity provider" All Meals Served With Milk. Menus are Subject to Change.					

February 5th – Teacher Work Day
February 15th – Teacher's Institute Day
February 19th – President's Day

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FEBRUARY 2018 LUNCH MENU						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
*				1 Roast Turkey, Rice, WG Roll, Peaches, (Coleslaw, Broccoli, Baby Carrots)	2 TEACHER WORK DAY (No Students)	
*	5 Tuna Dip and Chips, Curly Fries, (Lettuce and Tomato, Strawberries)	6 Beef Broccoli, Rice, Fruit Cocktail, (House Salad, Baby Carrots, French Bread)	7 Baja Fish Taco w/ Garlic Aioli, Asian Slaw, (Apples, Roasted Veggie's, Fruited Muffin)	8 Corn Dog, Grape Juice, (Baked Beans, House Salad, Baby Carrots)	9 Roast Pork, Rice, Veggie Juice, (Lomi Tomatoes, Pineapples)	
*	12 Chili Franks, Rice, Pineapples, (Pan Roasted Veggie's, Baby Carrots)	13 Sloppy Joe and Tater Tots, (House Salad, Apples, Shortbread Cookie)	14 Hot Turkey Sandwich w/ gravy, Whipped Potatoes, (House Salad, Oranges)	15 TEACHER'S INSTITUTE DAY	16 Orange Chicken Strips, Rice, Strawberries, (House Salad)	
*	19 PRESIDENT'S DAY	20 Cheese Burger, Potato Wedges, (Rainbow Salad, Pears)	21 Fish Wedge, Rice, Fruity Slushy, (Baked Beans, Rainbow Salad)	22 Beef and Cheese Nachos, Grape Juice, (House Salad, Grape Tomato)	23 Orange Chicken Nuggets, Rice, Pears, (Pickled Cabbage, Broccoli and Carrots)	
*	26 Popcorn Chicken, Mashed Potatoes, Fruited Muffin, (Roast Veggie's, Apples)	27 Pasta Florentine, French Bread. Fruit Cocktail, (House Salad, Baby Carrots)	28 Chicken Patty Sandwich, Curly Fries, (Lettuce Leaf and Tomato Slices, Strawberries)	3/1 Italian Sausage Pizza, Apple Juice, (House Salad, Baby Carrots, Baked Beans)	3/2 Kalua Pig and Cabbage, Rice, (Pineapples, Lomi Tomatoes)	
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